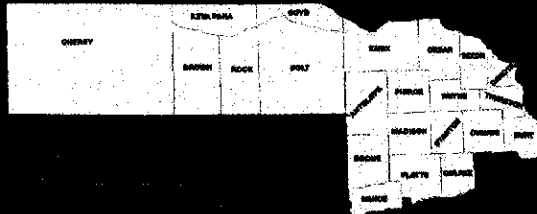


Region 4 Behavioral Health System



Region 4 Counties

- | | |
|------------|-------------|
| ■ Antelope | ■ Holt |
| ■ Boone | ■ Keya Paha |
| ■ Boyd | ■ Knox |
| ■ Brown | ■ Madison |
| ■ Burt | ■ Nance |
| ■ Cedar | ■ Pierce |
| ■ Cherry | ■ Platte |
| ■ Colfax | ■ Rock |
| ■ Cuming | ■ Stanton |
| ■ Dakota | ■ Thurston |
| ■ Dixon | ■ Wayne |

Serves 22 Counties

Population: 216,388

21,904 sq miles

Region 4 Behavioral Health System

- Was created in 1974 through the Nebraska Comprehensive Community Mental Health Services Act with revised responsibilities and authority in 2004 under the Nebraska Behavioral Services Act (LB1083)
- Is a nationally accredited organization governed by a Regional Governing Board consisting of elected officials (Commissioners or Supervisors) from counties served.
- Our Mission is to ensure affordable, accessible, quality mental health and substance abuse services that meet the needs of the residents of Region 4.

Priority Populations

- Those who are indigent, low income, under-insured or have no insurance
- Adults with serious and persistent mental illness
- Adults with substance/chemical dependence disorders
- Adults with Dual Disorders of MI and CD
- Children and adolescents with major mental health disorders



Region 4 Housing Related Assistance Program

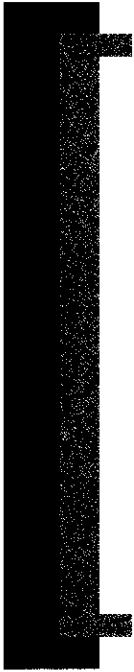
(Implemented September 2005)

- Housing related assistance for very low income adults with serious mental illness
- Serves as a "bridge" to other housing alternatives such as self support or other affordable housing options such as HUD's Housing Choice voucher
- Consumers seeking assistance generally pay 30% of their adjusted household income toward rent and utilities.
- In FY08 Region 4 Transitional Housing program served 87 individuals.
- Region 4 is partnering with Prime Fallesen Development to bring up 48 units in South Sioux City.



Consumer Specialist Position

- Provides WRAP (Wellness Recovery Action Plan) facilitation throughout the region.
- Participates as a member of Region 4 management team.
- Facilitating consumer input meetings throughout the region.
- Assists with transitioning individuals into the community
- Completed peer support training.



Behavioral Health Reform services in Region 4



Region 4 Reform Services

- Psychiatric Residential Rehabilitation
- Dual Diagnosis Residential Program
- Community Support Services MH
- Community Support Services SA
- Crisis Respite
- Day Rehabilitation
- Medication Management
- Crisis Response
- Emergency Community Support



Region 4 Reform Services

- Acute/Sub-acute
Faith Regional -- Norfolk, NE
Opened January of 2008
- Acute/Sub-acute
Richard Young -- Kearney, NE
August 2006

Cherry County EPC's are taken to Great Plains Medical Center in North Platte.



Implementing in FY09

- ☐ Intensive Case Management
- ☐ Nursing Consultant
- ☐ Expanding Crisis Response Teams to include youth



In Discussion

- ☐ Warmline
- ☐ Secure Residential
- ☐ Special population needs
- ☐ Peer Run/ Peer Support Services